

# Using PHPMyAdmin with WordPress

A basic run-down of some of the things  
you may want to do manually on  
your WordPress database.  
(Using PHPMyAdmin)

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Notes at: [http://orphicworkshop.com/downloads/Using\\_PHPMyAdmin\\_with\\_WordPress.pdf](http://orphicworkshop.com/downloads/Using_PHPMyAdmin_with_WordPress.pdf)

Managing Partner

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## **What is a database, anyway?**

A database is just a collection of data. In the case of WordPress specifically, it's where information on your User accounts, your Pages, your Posts, your Categories and a whole bunch of other information is stored. Because WordPress is designed to build your site "on-the-fly", it stores and retrieves a huge amount of the information in a database, so that it can be used in the appropriate places without having to store that information multiple times.

WordPress uses a MySQL database, which they use because it is extremely fast, and is also the most widely-used database server in the world. And like WordPress, it's open-source, and free, and is supported by most web hosts.

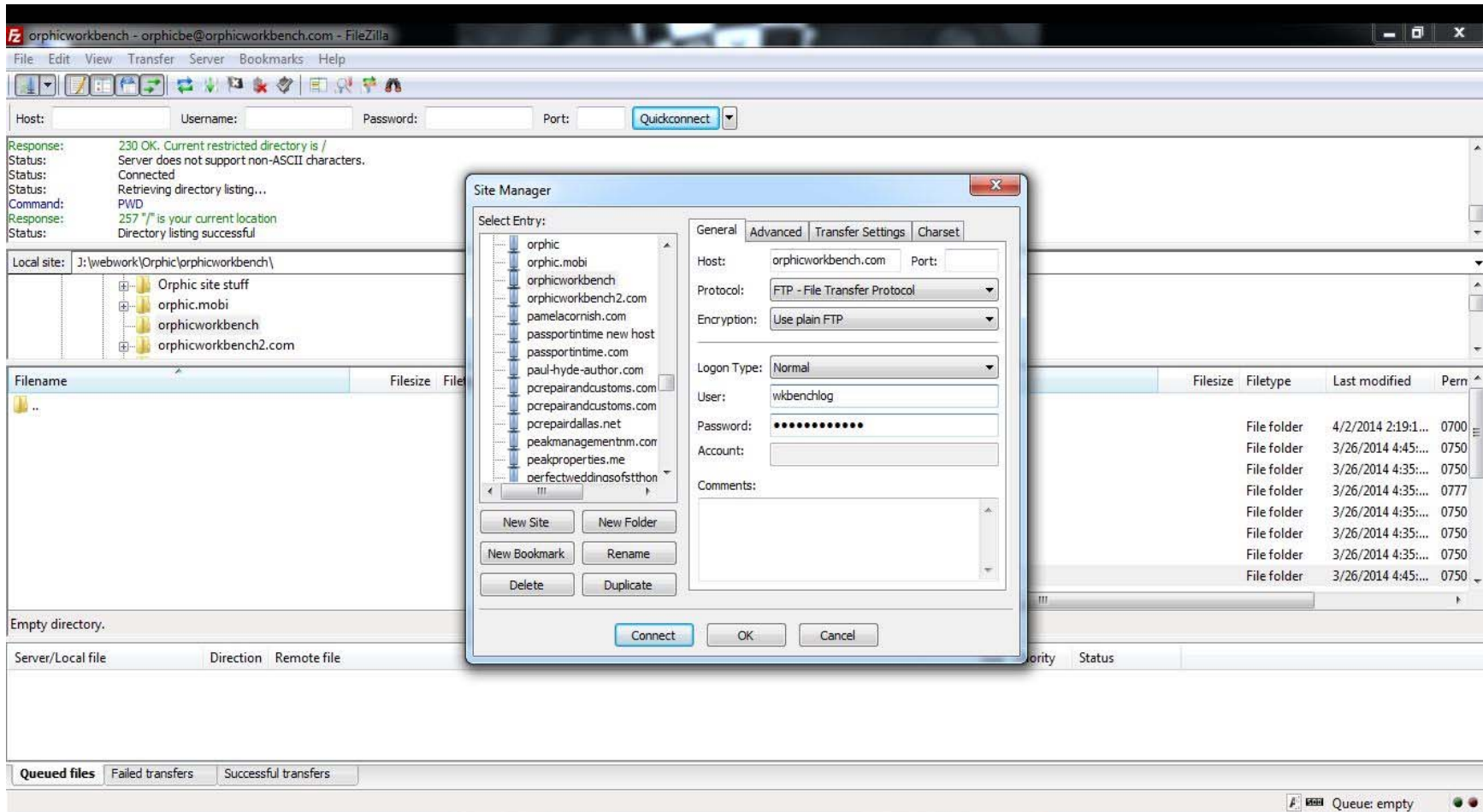
# Using PHPMyAdmin with WordPress

- How to find out the username, password and location for your MySQL database
  - How to log into PHPMyAdmin
- How to manually back up your database from PHPMyAdmin
  - How to change admin username
    - How to change a password
  - How to change an email on user account
    - How to change the site URL
- How to change WordPress database prefix for improved security

# How to find out the username, password and location for your database

- You'll need an FTP client and FTP information for your hosting account (Filezilla, SmartFTP)
- You'll need a text editor (notepad, notepad++)
- You'll need to know the location of your WordPress install (Most commonly under /public\_html or a subdirectory)
- Use FTP to download a copy of the wp-config.php file for your WordPress site.

# Entering FTP Settings into your FTP client



# Finding the correct directory for your WordPress site

The screenshot shows a file manager interface with a menu bar (File, Edit, View, Transfer, Server, Bookmarks, Help) and a toolbar. Below the toolbar are input fields for Host, Username, Password, and Port, along with a 'Quickconnect' button. The interface is divided into several sections:

- Log/Status:** Shows connection details: 'Response: 230 OK. Current restricted directory is /', 'Status: Server does not support non-ASCII characters.', 'Status: Connected', 'Status: Retrieving directory listing...', 'Command: PWD', 'Response: 257 "\*" is your current location', and 'Status: Directory listing successful'.
- Local site:** J:\webwork\Orphic\orpicworkbench\
- Remote site:** /
- Local site tree:** Contains folders: Orphic site stuff, orphic.mobi, orphicworkbench, and orphicworkbench2.com.
- Remote site tree:** Contains folders: .cpanel, .fantasticodata, .htpasswd, access-logs, etc, mail, public\_ftp, and public\_html (highlighted).
- Local site table:** A table with columns: Filename, Filesize, Filetype, Last modified. It shows a single entry: ..
- Remote site table:** A table with columns: Filename, Filesize, Filetype, Last modified, Perm. It lists several folders with their respective metadata.
- Summary:** 'Empty directory.' for the local site and 'Selected 1 directory.' for the remote site.
- Transfer Queue:** A table with columns: Server/Local file, Direction, Remote file, Size, Priority, Status. It is currently empty.
- Footer:** 'Queued files', 'Failed transfers', 'Successful transfers', and 'Queue: empty'.

Filename	Filesize	Filetype	Last modified	Perm
..				

Filename	Filesize	Filetype	Last modified	Perm
..				
.cpanel		File folder	4/2/2014 2:19:1...	0700
.fantasticodata		File folder	3/26/2014 4:45:...	0750
.htpasswd		File folder	3/26/2014 4:35:...	0750
access-logs		File folder	3/26/2014 4:35:...	0777
etc		File folder	3/26/2014 4:35:...	0750
mail		File folder	3/26/2014 4:35:...	0750
public_ftp		File folder	3/26/2014 4:35:...	0750
public_html		File folder	3/26/2014 4:45:...	0750

# Finding the wp-config.php file

The screenshot displays a file transfer client window with the following details:

- Command Log:**

```
Command: PASV
Response: 227 Entering Passive Mode (192,185,30,104,152,172)
Command: RETR wp-config.php
Response: 150 Accepted data connection
Response: 226 File successfully transferred
Response: 226 0.010 seconds (measured here), 338.11 Kbytes per second
Status: File transfer successful, transferred 3,624 bytes in 1 second
```
- Local Site:** J:\webwork\Orphic\orpicworkbench\
- Remote Site:** /public\_html/test1
- Local File List:**

Filename	Filesize	Filetype	Last modified
..			
wp-config.php	3,624	PHP File	4/2/2014 2:35:14 PM
- Remote File List:**

Filename	Filesize	Filetype	Last modified	Perm
wp-admin		File folder	3/26/2014 4:49:...	0755
wp-content		File folder	3/26/2014 5:56:...	0755
wp-includes		File folder	3/26/2014 4:47:...	0755
fantversion.php	36	PHP File	5/29/2012 1:09:...	0755
index.php	418	PHP File	3/26/2014 4:47:...	0644
license.txt	19,929	Text Docu...	3/26/2014 4:47:...	0644
readme.html	7,185	Chrome H...	3/26/2014 4:47:...	0644
wp-activate.php	4,892	PHP File	3/26/2014 4:47:...	0644
wp-blog-header.php	271	PHP File	3/26/2014 4:47:...	0644
wp-comments-post.php	4,795	PHP File	3/26/2014 4:47:...	0644
wp-config-sample.php	3,087	PHP File	3/26/2014 4:47:...	0644
wp-config.php	3,534	PHP File	3/26/2014 4:45:...	0755
wp-cron.php	2,932	PHP File	3/26/2014 4:47:...	0644
- Transfer Summary:** 1 file. Total size: 3,624 bytes (Local) / Selected 1 file. Total size: 3,534 bytes (Remote)
- Transfer Queue:** Queued files, Failed transfers, Successful transfers (1)
- Status:** Queue: empty

## wp-config.php file

```
// ** MySQL settings - You can get this info from your web host ** //  
/** The name of the database for WordPress */  
define('DB_NAME', 'wkbenchlog_wrdp1');  
  
/** MySQL database username */  
define('DB_USER', 'wkbenchlog_wrdp1');  
  
/** MySQL database password */  
define('DB_PASSWORD', 'jemFF5$gYYt&887@');  
  
/** MySQL hostname */  
define('DB_HOST', 'localhost');
```



# Logging in to PHPMyAdmin



Welcome to phpMyAdmin

Language

English (utf-8) ▼

Log in

Username: wkbenchlog\_wrdp1

Password: .....

Go

 Cookies must be enabled past this point.

# First look at PHPMyAdmin

localhost

Databases SQL Status Processes Export Import Variables Charsets Engines Synchronize Settings

### General Settings

MySQL connection collation: utf8\_general\_ci

### Appearance Settings

Language: English

Theme / Style: pmahomme

Font size: 82%

More settings

### MySQL

- Server: Localhost via UNIX socket
- Server version: 5.5.33-31.1
- Protocol version: 10
- User: orphicbe@localhost
- MySQL charset: UTF-8 Unicode (utf8)

### Web server

- cpsrvd 11.38.2.23
- MySQL client version: 5.0.96
- PHP extension: mysql

### phpMyAdmin

- Version information: 3.4.11.1, latest stable version: 4.1.12
- Documentation
- Wiki
- Official Homepage
- Contribute
- Get support
- List of changes

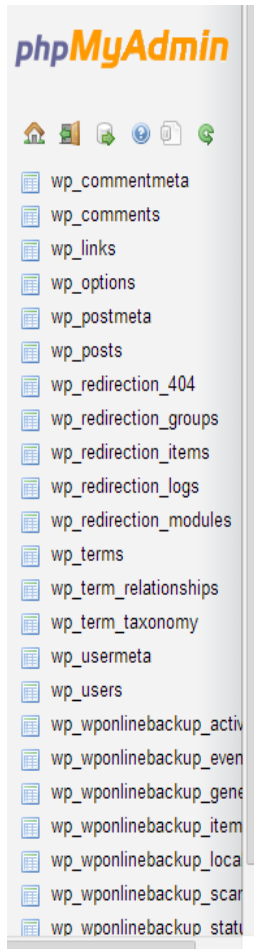
phpMyAdmin

- wp\_commentmeta
- wp\_comments
- wp\_links
- wp\_options
- wp\_postmeta
- wp\_posts
- wp\_redirection\_404
- wp\_redirection\_groups
- wp\_redirection\_items
- wp\_redirection\_logs
- wp\_redirection\_modules
- wp\_terms
- wp\_term\_relationships
- wp\_term\_taxonomy
- wp\_usermeta
- wp\_users
- wp\_wponlinebackup\_activ
- wp\_wponlinebackup\_even
- wp\_wponlinebackup\_gene
- wp\_wponlinebackup\_item
- wp\_wponlinebackup\_loca
- wp\_wponlinebackup\_scar
- wp\_wponlinebackup\_stat

# How to manually back up your database from PHPMysqlAdmin

- Always make a backup of your database before making any other changes to it. You can permanently break a WordPress site by incorrectly making changes.
- Use the Export function in PHPMysqlAdmin to manually copy your WordPress database
- Check the “Custom” settings on the Export Method
  - Make sure that the correct database tables are selected (usually, all of them)
  - Make sure that the “Output:” setting is set to “Save output to a file”
  - The “Format:” should be set to SQL
  - Under Format-specific options, make sure “Add DROP DATABASE statement is selected
  - Click the “Go” button at the bottom of the window to Export
  - Remember where you saved your database backup file

# PHPMyAdmin Export Custom Settings



Custom - display all possible options

## Table(s):

Select All / Unselect All

```
wp_commentmeta
wp_comments
wp_links
wp_options
wp_postmeta
wp_posts
wp_redirection_404
wp_redirection_groups
wp_redirection_items
wp_redirection_logs
```

## Output:

Save output to a file

File name template:

@DATABASE@

use this for future exports

Character set of the file:

utf-8

Compression:

None

View output as text

## Format:

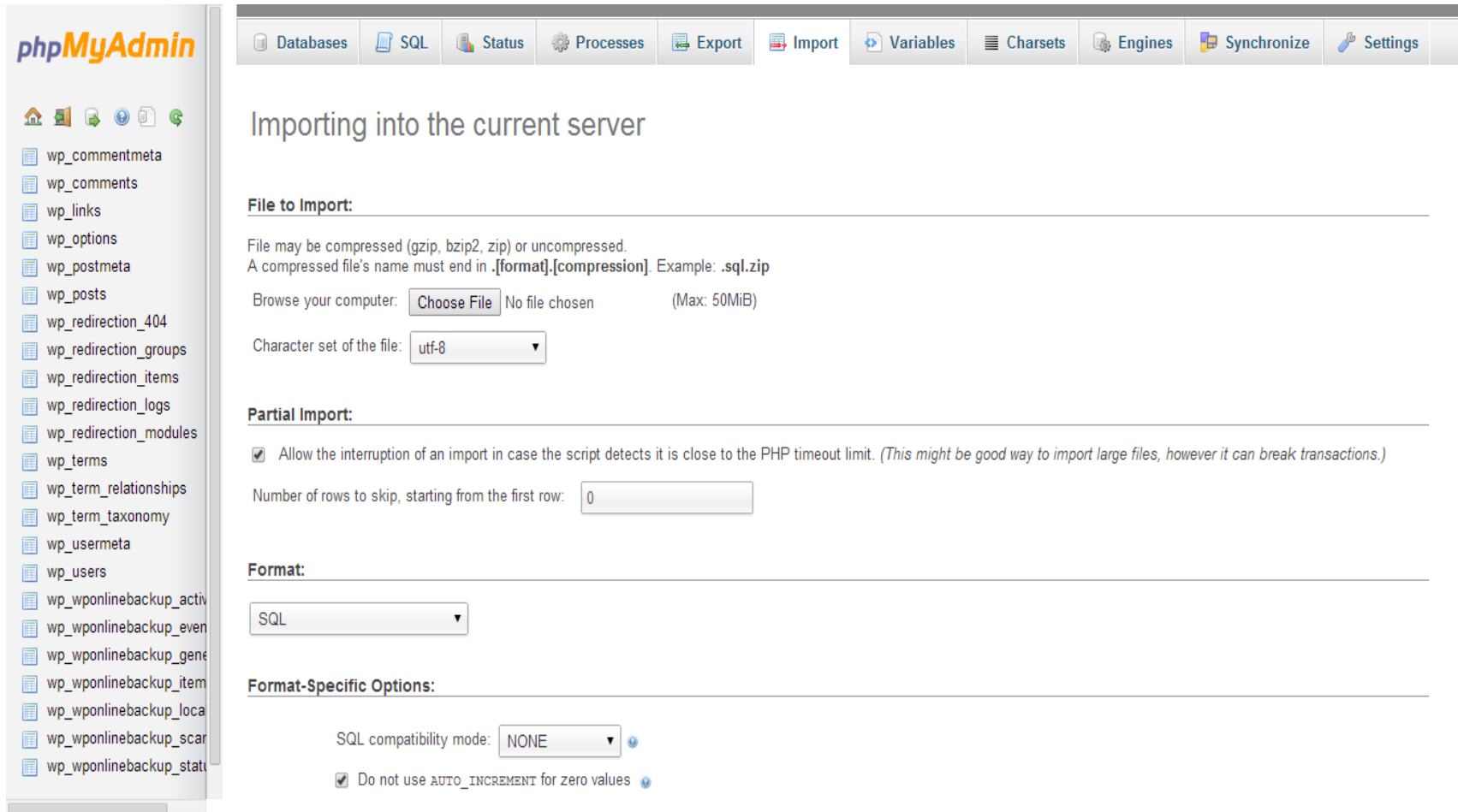
SQL

# How to manually restore your database from within PHPMyAdmin

Use the IMPORT function in PHPMyAdmin to restore a database that is damaged or corrupted, or if you need to restore to an earlier backup of the database.

- Use the “Choose File” button to upload the SQL backup file that you want to restore
- The Partial Import function can be useful if the database/database file is very large
- Make sure you select “SQL” as the file format.

# Using the Import function



The screenshot shows the phpMyAdmin interface with the 'Import' tab selected. The left sidebar contains a list of database tables, including wp\_commentmeta, wp\_comments, wp\_links, wp\_options, wp\_postmeta, wp\_posts, wp\_redirection\_404, wp\_redirection\_groups, wp\_redirection\_items, wp\_redirection\_logs, wp\_redirection\_modules, wp\_terms, wp\_term\_relationships, wp\_term\_taxonomy, wp\_usermeta, wp\_users, and several wp\_wponlinebackup\_\* tables. The main content area is titled 'Importing into the current server' and contains the following sections:

- File to Import:** A section with a text input field for the file path. Below it, a note states: 'File may be compressed (gzip, bzip2, zip) or uncompressed. A compressed file's name must end in `.[format].[compression]`. Example: `.sql.zip`'. A 'Browse your computer:' button labeled 'Choose File' is shown with the text 'No file chosen' and '(Max: 50MiB)'. Below this is a 'Character set of the file:' dropdown menu set to 'utf-8'.
- Partial Import:** A section with a checked checkbox and the text: 'Allow the interruption of an import in case the script detects it is close to the PHP timeout limit. (This might be good way to import large files, however it can break transactions.)'. Below this is a 'Number of rows to skip, starting from the first row:' input field with the value '0'.
- Format:** A section with a dropdown menu set to 'SQL'.
- Format-Specific Options:** A section with two options: 'SQL compatibility mode:' dropdown set to 'NONE' and a checked checkbox 'Do not use AUTO\_INCREMENT for zero values'.

## How to change WordPress username, password, or email

- Username is listed in the wp\_users table as “user\_login”. It can be changed as plain text.
- Password is listed in the wp\_users table as “user\_pass”. It must be changed using the MD5 Function.
- Email is listed in the wp\_users table as “user\_email”. It can be changed as plain text.

# Selecting a user to edit in wp\_users table

The screenshot shows the phpMyAdmin interface for the wp\_users table. The SQL query executed is:

```
SELECT *  
FROM `wp_users`  
LIMIT 0, 30
```

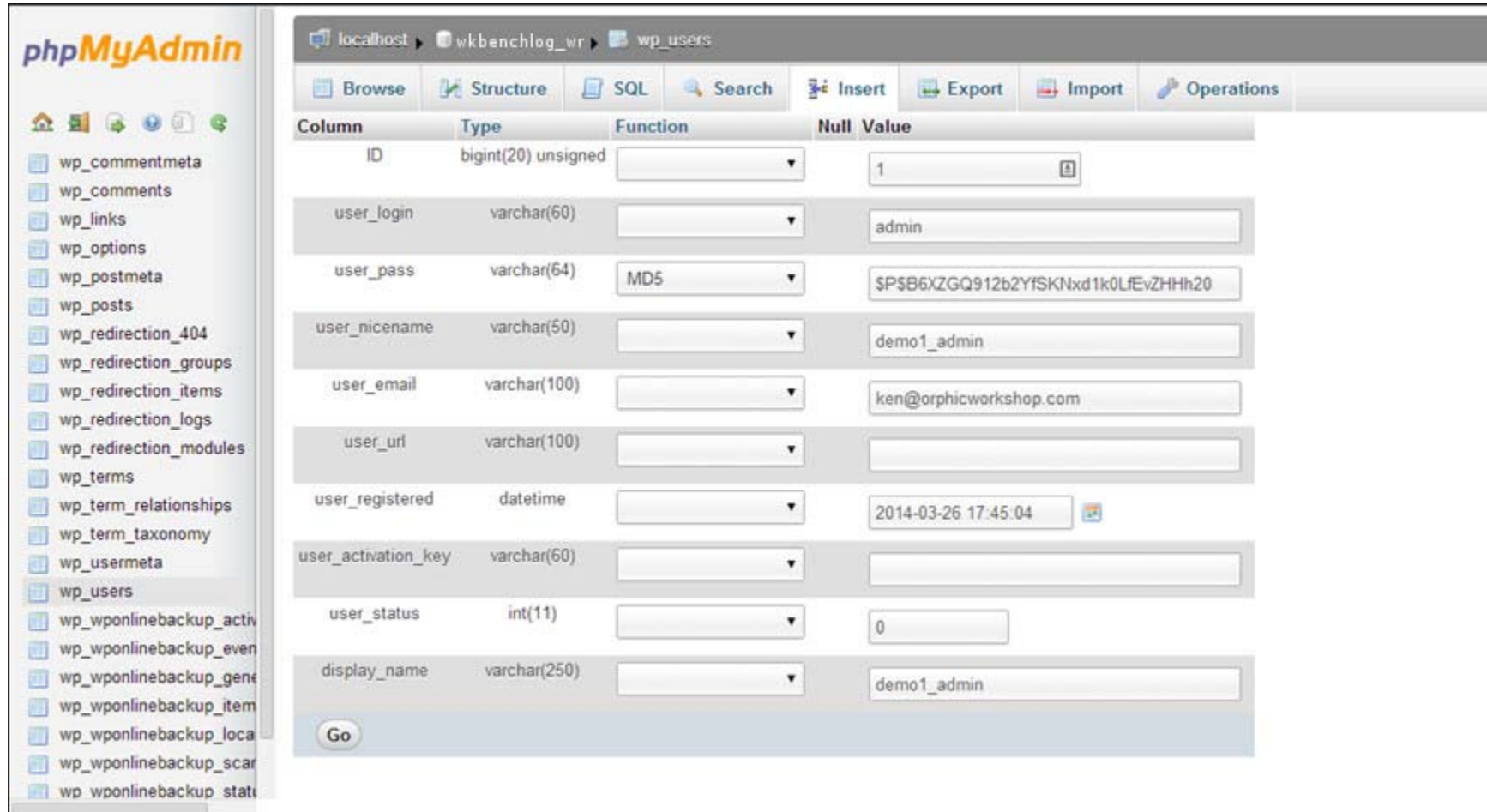
The results table shows one user selected for editing:

ID	user_login	user_pass	user_nicename	user_email	user_url	user_registered	user_active
1	admin	\$PSB6XZGQ912b2YfSKNxd1k0LfevZHHh20	demo1_admin	ken@orpicworkshop.com		2014-03-26 17:45:04	

The interface includes a sidebar with a list of database tables, a top navigation bar with options like Browse, Structure, SQL, Search, Insert, Export, Import, and Operations, and a bottom section for query results operations including Print view, Print view (with full texts), Export, Display chart, and Create view.



# The wp\_users edit screen



The screenshot displays the phpMyAdmin interface for editing a user in the wp\_users table. The left sidebar shows a list of database tables, with wp\_users selected. The main area shows the table structure and the edit form for a user.

Table Structure:

Column	Type	Function	Null	Value
ID	bigint(20) unsigned		1	
user_login	varchar(60)			admin
user_pass	varchar(64)	MD5		\$P\$B6XZGQ912b2YFSKNxd1k0LFeVZHHh20
user_nicename	varchar(50)			demo1_admin
user_email	varchar(100)			ken@orpicworkshop.com
user_url	varchar(100)			
user_registered	datetime			2014-03-26 17:45:04
user_activation_key	varchar(60)			
user_status	int(11)			0
display_name	varchar(250)			demo1_admin

Form Fields:

- user\_login: admin
- user\_pass: MD5 (\$P\$B6XZGQ912b2YFSKNxd1k0LFeVZHHh20)
- user\_nicename: demo1\_admin
- user\_email: ken@orpicworkshop.com
- user\_url: (empty)
- user\_registered: 2014-03-26 17:45:04
- user\_activation\_key: (empty)
- user\_status: 0
- display\_name: demo1\_admin

A "Go" button is located at the bottom of the form.

## How to change the site URL

- If your site URL is changing (for example, to a different directory) you can change it in the MySQL database.
- The site URL should be changed in two different locations in the wp\_options table.
- The first is listed as “siteurl” (ex. <http://orphicworkbench.com/test1>)
- The second is listed as “home”, and will usually have an identical value.
- This is one way to make this change, but if the URL is changing for your entire site, there is a script you can run to modify all instances of it in the database (see [http://codex.wordpress.org/Moving\\_WordPress](http://codex.wordpress.org/Moving_WordPress) )

# Changing the siteurl setting in wp\_options

phpMyAdmin

Page number: 1

Show: 40 row(s) starting from row # 40 in horizontal mode and repeat headers after 40 cells

Sort by key: None

+ Options

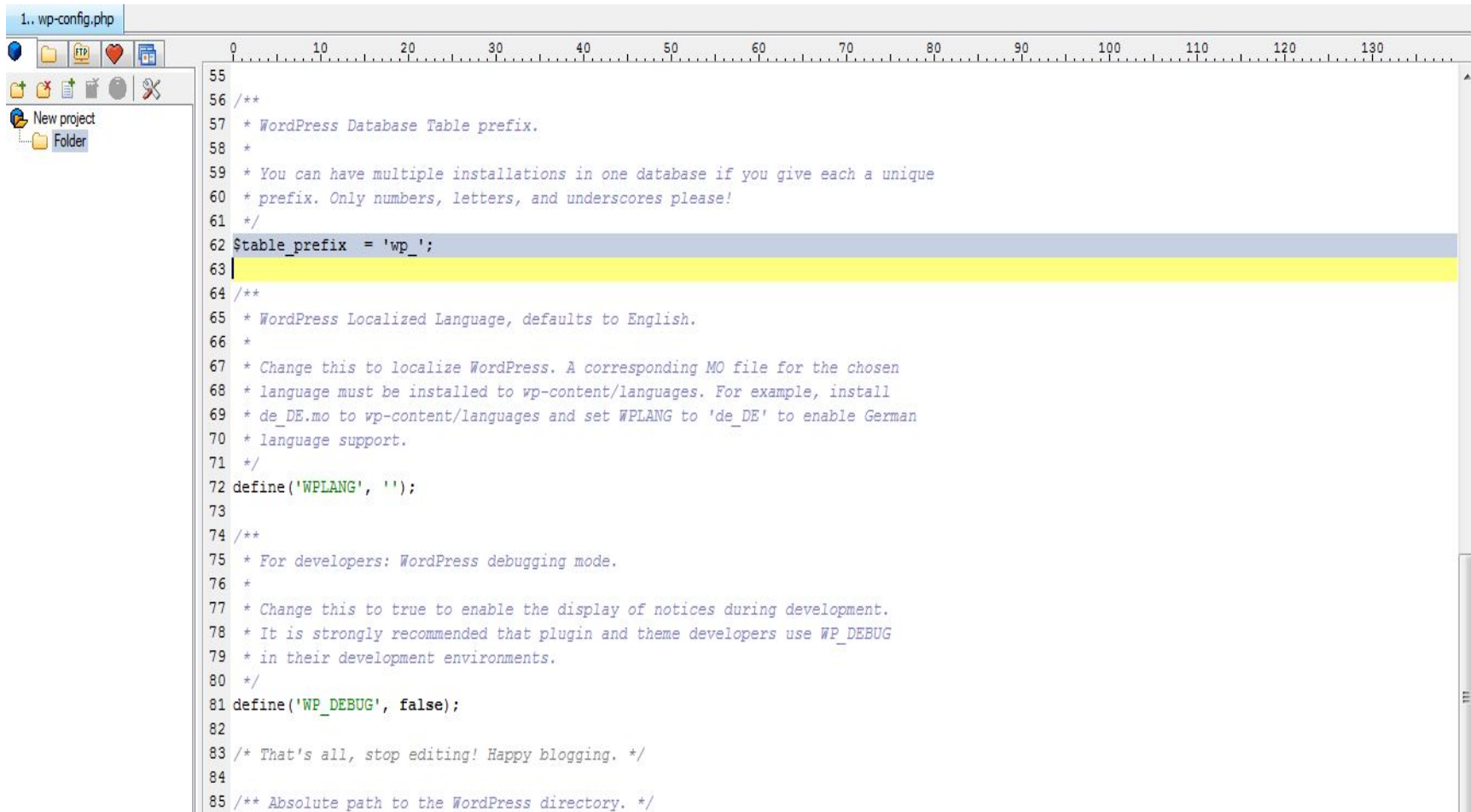
	option_id	option_name	option_value	autoload
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	3	siteurl	http://orpicworkbench.com/test1	yes
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	4	blogname	orpicworkbench.com	yes
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	5	blogdescription		yes
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	6	users_can_register	0	yes
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	7	admin_email	ken@orpicworkshop.com	yes
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	8	start_of_week	1	yes
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	9	use_balanceTags	0	yes
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	10	use_smilies	1	yes
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	11	require_name_email	1	yes
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	12	comments_notify	1	yes
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	13	posts_per_rss	10	yes
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	14	rss_use_excerpt	0	yes
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	15	mailserver_url	mail.example.com	yes
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	16	mailserver_login	login@example.com	yes
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	17	mailserver_pass	password	yes
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	18	mailserver_port	110	yes
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	19	default_category	1	yes
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	20	default_comment_status	open	yes
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	21	default_ping_status	open	yes
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	22	default_pingback_flag	1	yes
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	24	posts_per_page	10	yes
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	25	date_format	F j, Y	yes
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	26	time_format	g:i a	yes
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	27	links_updated_date_format	F j, Y g:i a	yes
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	28	links_recently_updated_prepend	<em>	yes
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	29	links_recently_updated_append	</em>	yes
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	30	links_recently_updated_time	120	yes
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	31	comment_moderation	0	yes
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	32	moderation_notify	1	yes
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	33	permalink_structure		yes
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	34	gzipcompression	0	yes
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	35	hack_file	0	yes
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	36	blog_charset	UTF-8	yes
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	37	moderation_keys		no
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	38	active_plugins	a:3:{i:1;s:27:"redirection/redirection.php";i:2;s:...	yes
<input type="checkbox"/> Edit <input type="checkbox"/> Inline Edit <input type="checkbox"/> Copy <input type="checkbox"/> Delete	39	home	http://orpicworkbench.com/test1	yes

Create table

## How to change wordpress database prefix for improved security

- First, find the `$table_prefix` line in your `wp-config.php` file. By default, it is usually set to `"wp_"`. You can set that prefix to something more complicated, like `"wp_a123456_"`
- Change the prefix first in the `wp-config.php` file, but DO NOT UPLOAD that file via FTP until you have made the changes to the MySQL database as well
- In PHPMyAdmin, you'll see a listed of all your tables on the left-hand side. Each one must be renamed using the identical prefix you decided on above
- You can do this by selecting each table in the list, then selecting the "Operations" tab at the top of the PHPMyAdmin page.
- Remember to click "Go" for each change you make.

# Changing the table prefix in wp-config.php



```
1. wp-config.php
0 10 20 30 40 50 60 70 80 90 100 110 120 130
55
56 /**
57  * WordPress Database Table prefix.
58  *
59  * You can have multiple installations in one database if you give each a unique
60  * prefix. Only numbers, letters, and underscores please!
61  */
62 $table_prefix = 'wp_';
63
64 /**
65  * WordPress Localized Language, defaults to English.
66  *
67  * Change this to localize WordPress. A corresponding MO file for the chosen
68  * language must be installed to wp-content/languages. For example, install
69  * de_DE.mo to wp-content/languages and set WPLANG to 'de_DE' to enable German
70  * language support.
71  */
72 define('WPLANG', '');
73
74 /**
75  * For developers: WordPress debugging mode.
76  *
77  * Change this to true to enable the display of notices during development.
78  * It is strongly recommended that plugin and theme developers use WP_DEBUG
79  * in their development environments.
80  */
81 define('WP_DEBUG', false);
82
83 /* That's all, stop editing! Happy blogging. */
84
85 /** Absolute path to the WordPress directory. */
```

# Changing table prefix in Operations

phpMyAdmin

- wp\_commentmeta
- wp\_comments
- wp\_links
- wp\_options
- wp\_postmeta
- wp\_posts
- wp\_redirection\_404
- wp\_redirection\_groups
- wp\_redirection\_items
- wp\_redirection\_logs
- wp\_redirection\_modules
- wp\_terms
- wp\_term\_relationships
- wp\_term\_taxonomy
- wp\_usermeta
- wp\_users
- wp\_wponlinebackup\_activ
- wp\_wponlinebackup\_even
- wp\_wponlinebackup\_gene
- wp\_wponlinebackup\_item
- wp\_wponlinebackup loca

meta\_id (singly) Ascending

Go

orpicbe\_wrdp1 · wp\_commentmeta

Add AUTO\_INCREMENT value

Go

**Table options**

Rename table to

Table comments

Storage Engine

Collation

AUTO\_INCREMENT

ROW\_FORMAT

Go

**Copy table to (database.table):**

orpicbe\_wrdp1 · wp\_commentmeta

Structure only

Structure and data

Data only

Add DROP TABLE

Add AUTO\_INCREMENT value

Switch to copied table





























Go

## Last Step for Changing Your Database Prefix

- There are three changes in the database itself that you MUST make in order for the database prefix change to be complete:
  - There are two fields in the wp\_usermeta table that must be changed to reflect your new prefix. These are:
    - The meta\_key “wp\_capabilities” should be changed to match your new prefix
    - The meta\_key “wp\_user\_level” should be changed to match your new prefix
  - There is one field in the wp\_options table that you must change the “option\_name” on:
    - “wp\_user\_roles” should be changed to match your new prefix. It will be found at or around row 99 (option ID 99) in the table. (You’ll need to use the page forward buttons to get further into this table listing)



## Changing the wp\_user\_roles option\_name

<input type="checkbox"/>	 Edit	 Inline Edit	 Copy	 Delete	94	embed_size_h	600	yes
<input type="checkbox"/>	 Edit	 Inline Edit	 Copy	 Delete	95	page_for_posts	0	yes
<input type="checkbox"/>	 Edit	 Inline Edit	 Copy	 Delete	96	page_on_front	0	yes
<input type="checkbox"/>	 Edit	 Inline Edit	 Copy	 Delete	97	default_post_format	0	yes
<input type="checkbox"/>	 Edit	 Inline Edit	 Copy	 Delete	98	initial_db_version	19470	yes
<input checked="" type="checkbox"/>	 Edit	 Inline Edit	 Copy	 Delete	99	wp_user_roles	a:5:{s:13:"administrator";a:2:{s:4:"name";s:13:"Ad...	yes
<input type="checkbox"/>	 Edit	 Inline Edit	 Copy	 Delete	100	widget_search	a:2:{i:2;a:1:{s:5:"title";s:0:"";}s:12:"_multiwidg...	yes

↑ Check All / Uncheck All With selected:  Change  Delete  Export

- Click the “Edit” button to bring up the record for editing. Make sure you change ONLY the “option\_name” field in “wp\_options”, and ONLY the “meta\_keys” on the “wp\_capabilities” and “wp\_user\_level” fields in wp\_usermeta.